



Mother & Daughter Bat Mitzvah Program

JEWISH WOMEN THROUGH THE AGES
Wednesdays, November 2, 2016 to January 18th, 2017

no class December 28 - January 4

7:00-9:00pm

Or Chaim, 159 Almore Avenue

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A Bat Mitzvah is an opportunity for a girl to prepare for her entry into Jewish adulthood by exploring what it means to be a Jewish woman. The aim of the Matan Bat Mitzvah program, *Jewish Women Through the Ages*, is to see how we, as Jewish women, are part of a chain across the generations, and how the Bat Mitzvah can serve as a bridge connecting the young girl to Jewish continuity.

The program consists of ten sessions during which mothers and daughters study sources together about Jewish women throughout history. The women studied in the program were selected because they embody positive attributes and values from which the girls can learn.

Highlights:

- 10 two-hour sessions for mothers and daughters
- Each session includes textual Torah study (sources in Hebrew and English)
- A creative activity in each session
- Each girl is encouraged to prepare a special "Woman of Valour" project based on a biblical personality, a woman studied or an inspiring woman in her life
- Closing celebration

The program is led by Shira Cantor Katchen. Shira holds a BA from Brandeis University in Fine Arts and Hebrew and a Masters of Teaching degree from OISE (U of T). Shira teaches in the elementary school system in Toronto and brings much experience in informal education from her many years in camp where she teaches art and connects that to Jewish themes. Shira and her husband served as the Jewish chaplaincy couple at Oxford University.

For registration information visit torahinmotion.org



מכון תורני לנשים ע"ש שרה בת יצחק יעקב רענגערט
The Sadie Rennerf Women's Institute for Torah Studies



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